

GHMC Family Challenge - ScoreCard

Family Name: _____

Family Member Names: _____

Rules: All family members MUST participate in the activity. No Cell Phones & No TV!

Date	Activity	Minimum Time	How many minutes you spent?	Points	Your Subtotal
	Family Meal	30 minutes		100 pts	
	Family Game Time	30 minutes		50 pts per 30 minutes	
	Family Devotions	20 minutes		250 pts	
Today's Total =					
	Family Meal	30 minutes		100 pts	
	Family Game Time	30 minutes		50 pts per 30 minutes	
	Family Devotions	20 minutes		250 pts	
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